

Awakening the Greatness Within

“If you have it in you to dream, you have it in you to succeed.”



Beth Page is an author, international consultant and speaker dedicated to reintroducing people to their

greatness. Through her work coaching, consulting and speaking, she is an advocate who leads the revolution of alive people connected to their essential self.

Background Beth founded Dream Catcher Consulting in 2004 after a career spent in Organization Development and Human Resources positions with such firms as JDS Uniphase, Export Development Canada and OmniMark Technologies Corporation.

Education Beth has a Master of Science in Organization Development from Pepperdine University and a Master of Science Degree from Western Illinois University in College Student Personnel. She is a licensed consultant in the Hogan Personality Assessment, and is certified as an Emotional Intelligence Coach (EQ). She also has a Bachelor of Arts in Psychology from Carleton University.

Professional Affiliations and Accomplishments A Canadian Human Resources Professional (CHRP),

Beth holds memberships in the British Columbia Human Resources Management Association, the British Columbia OD Network and the Organization Development Network of Ottawa. She also serves on the Board of Directors of the Canadian Association of Professional Speakers.

A frequent featured speaker at Canadian venues, Beth was the keynote speaker at the 2005 HR and Capital Management Conference in Cyprus.

Beth is author of *Done Deal: Your Guide to Merger and Acquisition Integration*, based on her personal experience in the post-merger integration of a number of high technology acquisitions as well as two years of academic research with top M&A experts in the field. She is a contributing author to *Awakening the Workplace* and co-author of a book on personal authenticity and workplace leadership, both scheduled for publication in 2006.

Beth's Speaking Topics

Connecting Heart and Mind: Building Emotional Intelligence This interactive session is designed to explore our relationship with ourselves and each other. Employees trained in emotional intelligence can influence organizational effectiveness in such areas as teamwork, leadership, employee retention, productivity and sales.

Intervention from the Inside Out This seminar examines mental and emotional frameworks for moving through periods of change and transition. Our perception of what is taking place can impact personal and organizational stress. Add tools to your toolbox that will help you look at change in your life and in the life of your organization. Enjoy this presentation's food for thought and kindle new energy in yourself and your workplace.

Building Bridges in Difficult Relationships Strong conflict handling skills build better relationships. The workshop offers tools, information and interaction for building conflict handling skills.

Beth Page is now available for speaking, coaching and consulting engagements.

Call 250-483-6729 or 613-730-6059
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Beth has an extraordinary ability to pitch her interventions at the right level so that executives and other employees are able to learn new ways to perform effectively, whilst maintaining their business focus. – C. Mann, Organizational Psychologist and Author

Her presentations are a thoughtful blend of leading edge concepts and practical resources that allow the audience to discover the necessary shifts to shape the future. – S. Atkinson, Director, Organizational Development

Beth is a dynamic speaker and is able to quickly engage people and pique their interest. – D. Kiiffner, HR Manager, MDS Nordion